

made for you by

Amity



# Close to Home

Embedding Relational Practice into our Local Communities  
Workshop Facilitator Guide

## Amity: Close to Home

### Embedding Relational Practice into our Local Communities

Empowering the Voluntary & Community Sector

A Workshop | Resources | Digital Learning Module

**Support Stronger Families & Communities: Transform your local impact with practical strategies, tools, and knowledge to address family relationship challenges.**

#### Are you ready to make a difference in your community?

Join our comprehensive workshop, resource, and digital learning module tailored for professionals in the voluntary and community sector. This course empowers you to support local families by addressing the impact of poor-quality family relationships and encouraging positive community conversations.

#### Who is this for?

Volunteers, commissioned community provision, community leaders, faith groups, youth and community groups, and organisations dedicated to helping families and building stronger local connections.

#### Why it matters:

When families thrive, communities thrive. This resource equips you to be part of the solution and to champion stronger, more resilient families in your community setting.



## Why is this resource important to our communities?

Family and other relationships play a crucial role in shaping the well-being of individuals and entire communities. **Poor-quality family and wider relationships** can lead to long-term negative impacts, particularly on children. As someone who works within these communities, you have a unique opportunity to help.

Our resource and workshop/engagement session will equip you to:

- **Understand the Impact:** Learn how parental conflict and other family relationship difficulties affect children, families, and the community.
  - **Strategies & Tools:** Access practical tools to help families navigate conflict, stress, and communication challenges.
  - **Engage in Conversations:** Gain skills to foster open dialogue around family challenges, helping to destigmatise conflict.
  - **Empower Families:** Help families understand their own role in creating a healthier home and community environment.
  - **Reach the Hard-to-Reach:** Develop approaches to engage hard-to-reach communities, ensuring no one is left behind.
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## Resource Features:

### 1. In-Person Workshop

Dive deep into family dynamics with **interactive sessions**. Learn the root causes of family conflict and how it impacts community health.

### 2. Resource Toolkit

Receive a comprehensive set of resources to help guide conversations and support community interventions.

### 3. Digital Learning Module

Enjoy the flexibility of learning at your own pace. Our **online module** will reinforce core concepts, offer case studies, and provide **step-by-step** guidance on addressing family issues within the community.

