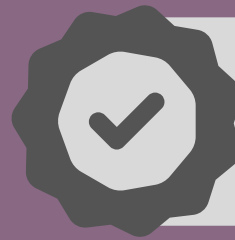


# Amity Group Programme



Single purchase  
**Lifetime Organisational licence**

This group parenting programme can be delivered face-to-face or virtually. Over six sessions, individuals or couples raising children are supported to improve the quality of their couple relationship. This includes improving communication, and strategies to respond to conflict.

## How is the supporting training delivered?

We train practitioners to deliver this programme over a full-day face-to-face training session. What's more, all resources are included, allowing practitioners to hit the ground running once trained up.

## Who's it for?

Multi-agency practitioners who support adults in their everyday role and are committed to offering six sessions.



Full-day training



20 learnings maximum



Face-to-face



All resources included

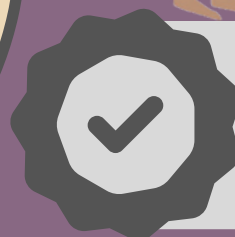


## What else do you need to know?

This group programme is really flexible so it can be delivered to individuals who want to attend with or without their partner.

"I have never been part of a group like this before. It was really good to hear other people talk about their relationships, what it's like to bring up children and the pressure that can bring. We have three children between us and a lot of conflict about how we would bring them all up. It definitely got us thinking about ways we could communicate so that the kids aren't affected by our differing parenting views. We are talking things through a lot more than we did, and we met some nice people along the way"

**Darren, Parent.**



Single purchase  
**Personal licence**