The Little Book of Relationship Care



This book is a practical and reflective guide designed to help people understand why they argue and how they can reconnect and navigate their arguments in a more constructive way.

The guide complements practical support perfectly allowing couples to remind themselves of what they've learnt during difficult or stressful times.

Do I need training?

Everything you need is within the resource, so no training is required here.

How can I use or share it?



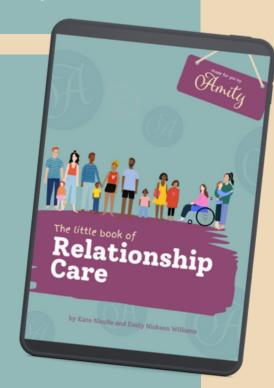
Online?

This is perfect for the webpages of Family Hubs, Early Help teams or other guidance on parental conflict.



Printed?

Copies can be produced to share in GP surgeries, local libraries, Family Hub or schools and community centres.



What else do you need to know?

Once you have purchased a lifetime licence you can use this resource across websites and physical venues within your own organisation or Local Authority area.