## Next Time: Parenting Together

This is a quick and easy self-help resource and is designed to give practical, problem-solving techniques and ideas to couples who, after an argument or disagreement need a 'relationship first aid kit'. It's designed to improve their communication and responses to everyday conflict.

# Next Time: Parenting Apart



This is a quick and easy self-help resource and is designed to give practical, problem-solving techniques and ideas to separated parents, who, after an argument or disagreement need a 'relationship first aid kit'. It's designed to improve their communication and responses to everyday conflict.

### Do I need training?

Everything you need is within the resource, so no training is required here.

### How can I use or share it?



#### Online?

This is perfect for the webpages of Family Hubs, Early Help teams or other guidance on parental conflict.



#### Printed?

Copies can be produced to share in GP surgeries, local libraries, Family Hubs or schools and community centres.



## What else do you need to know?

Once you have purchased a lifetime licence you can use this resource across websites and physical venues within your own organisation or Local Authority area.

