Amity Essentials: Parenting Apart



This six-session programme is designed to be delivered by practitioners directly to separated parents. The step-by-step programme can be used to guide individuals through one-to-one support. It also offers practical tools and resources designed specifically for those struggling with co-parenting and the relationships that surround it.

Who's it for?

Multi-agency practitioners working with adults who are committed to supporting each parent over six sessions.

How is the supporting training delivered?

Full-day

All resources included.

Maximum 20 learners per session.

Online.

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"The fact that the training comes with a complete set of workbooks/resources to use with a separated family makes it so valuable to me. Understandable, practical activities in an instantly usable format. I can definitely see how this might prevent some families from going to court over their children."

Tony, Social Worker.

What else do you need to know?

For both programmes, once trained you will receive an individual Amity licence which you can use long as long as you remain in the purchasing organisation. Licences to deliver this programme are given on a person by person basis, so only those trained by Amity are licenced to deliver the sessions.



Single purchase **Personal** licence