

Amity Essentials: Couples

Amity led training

This six-session programme is designed to be delivered by practitioners directly to couples or individuals. The step-by-step programme can be used to guide couples through one-to-one support. It also offers practical tools and resources to those affected by everyday relationship challenges.

Who's it for?

Multi-agency practitioners working with adults who are committed to working with a couple or individual over six sessions.

How is the supporting training delivered?



Half-day



All resources included.



Maximum 20 learners per session.



Online.



"This has made working with our parents a lot easier. I was trying to work out a way of putting together resources that would help them move forward and stop arguing. As a case worker, I don't have time to create a structure that works with my case notes and action plan, so this has made things a lot easier. I like the assessment, it makes parents think about the child in all this"

**Sara, Children's Centre
Case Worker.**

What else do you need to know?

For both programmes, once trained you will receive an individual Amity licence which you can use long as long as you remain in the purchasing organisation. Licences to deliver this programme are given on a person by person basis, so only those trained by Amity are licenced to deliver the sessions.



Single purchase
**Personal
licence**